

# ZIPPY'S

## ALLERGEN GUIDE

### INTRODUCTION

The following list includes information on the FDA's 9 major allergens:

**MILK/DAIRY, EGGS, WHEAT, SOYBEANS, SOY FROM OIL, PEANUTS, FISH, SHELLFISH, SESAME, and TREE NUTS** in our menu items.

It is based on information from our food manufacturers, suppliers and vendors. While we strive to keep the list updated and current, there is the possibility substitutions or changes may be made without notice due to the availability of a product or ingredient. Furthermore, it is also possible that a manufacturer of a product or byproduct may not have included an allergen in their ingredients.

In addition, please note that in full service kitchens like ours, as well as in our corporate central kitchen, it is very common for ingredients to come in contact with potential allergens through shared preparation or cooking surfaces or fryers of items that do contain them.

Therefore we cannot guarantee that an item is completely free of an allergen or byproduct, and we assume no responsibility for guests with food allergies, food sensitivities or dietary restrictions.

### HOW TO USE THIS GUIDE

- **Select an entree (e.g., chicken katsu)**

\*Please note our "standard plate" for these items consists of white rice and mac salad. Variations may be made of brown rice in place of white rice, and toss salad in place of mac salad. If selecting toss salad, be sure to consider the dressings.

### GUIDE KEY



CONTAINS THIS ALLERGEN

\*This listing provides information only on the allergens that may be present. For questions regarding nutritional information please go to [www.zippys.com](http://www.zippys.com). For questions regarding general ingredients, please contact our Customer Service Department at [customerservice@zippys.com](mailto:customerservice@zippys.com) or at **(808) 973-0880**.

**SECTION 1:  
DAILY PLATES**

MILK

EGGS

FISH

SHELLFISH

TREE  
NUTS

PEANUTS

WHEAT

SOY

SOY  
FROM OIL

SESAME

**STARCH & SALAD OPTIONS FOR DAILY PLATES**

White Rice

Brown Rice

Fried Rice

Macaroni Salad

TOSSSED GREENS

w/ Croutons (Dine In Only)

Corn (Dine In Only)

Garlic Bread

**MAIN COMPONENT FOR DAILY PLATES**

Chicken Katsu w/ Cabbage & Katsu Sauce

Chicken Trio (Fried Chicken, Chicken Katsu & Korean Fried Chicken) w/ Cabbage, Green Onions, Katsu Sauce & Korean Sauce

CHILI AND FRIED CHICKEN w/ Original Chili

w/ No Bean Chili

w/ Vegetarian Chili

CHILI FRANK w/ Original Chili

w/ No Bean Chili

w/ Vegetarian Chili

CHILI MOCO w/ Hamburger & Fried Egg w/ Original Chili

w/ No Bean Chili

w/ Vegetarian Chili



<b>SECTION 1: DAILY PLATES (cont.)</b>	<b>MILK</b>	<b>EGGS</b>	<b>FISH</b>	<b>SHELLFISH</b>	<b>TREE NUTS</b>	<b>PEANUTS</b>	<b>WHEAT</b>	<b>SOY</b>	<b>SOY FROM OIL</b>	<b>SESAME</b>
CHILI BURRITO w/ Cheddar Cheese & Yellow Chili Pepper w/ Original Chili	▲		▲				▲	▲		
w/ No Bean Chili	▲		▲				▲	▲		
w/ Vegetarian Chili	▲						▲	▲		
Fried Chicken							▲			
Hamburger Steak w/ Brown Gravy & Grilled Onions	▲						▲	▲		
Korean Chicken w/ Cabbage, Green Onions & Korean Sauce							▲	▲		▲
KOREAN CHICKEN AND CHILI w/ Cabbage, Green Onions & Korean Sauce w/ Original Chili	▲		▲				▲	▲		▲
w/ No Bean Chili	▲		▲				▲	▲		▲
w/ Vegetarian Chili							▲	▲		▲
Loco Moco w/ Hamburger, Fried Egg & Brown Gravy	▲	▲					▲	▲	▲	
Fried Noodles w/ Char Siu, Spam, Uzunaki, Green Onions & Fried Noodle Sauce			▲	▲			▲	▲	▲	▲
Spaghetti w/ Meat Sauce	▲		▲				▲	▲		
CHILI SPAGHETTI w/ Original Chili	▲		▲				▲	▲		
w/ No Bean Chili	▲		▲				▲	▲		
w/ Vegetarian Chili							▲	▲		
Surf Pac w/ Cabbage, Teriyaki Beef w/ Teriyaki Glaze, Spam & Fried Chicken							▲	▲		
SURF PAC DELUXE w/ Cabbage, Teriyaki Beef w/ Teriyaki Glaze, Spam & Fried Chicken w/ Original Chili	▲		▲				▲	▲		
w/ No Bean Chili	▲		▲				▲	▲		
w/ Vegetarian Chili							▲	▲		
Teriyaki Beef w/ Cabbage & Teriyaki Glaze							▲	▲		

<b>SECTION 1: DAILY PLATES (cont.)</b>	<b>MILK</b>	<b>EGGS</b>	<b>FISH</b>	<b>SHELLFISH</b>	<b>TREE NUTS</b>	<b>PEANUTS</b>	<b>WHEAT</b>	<b>SOY</b>	<b>SOY FROM OIL</b>	<b>SESAME</b>
Zip Pac w/ Cabbage, Furikake, Takuan, Teriyaki Beef w/ Teriyaki Glaze, Spam, Fried Hoki, Fried Chicken & Tartar Sauce		▲	▲				▲	▲	▲	▲
ZIP PAC DELUXE w/ Cabbage, Furikake, Takuan, Teriyaki Beef w/ Teriyaki Glaze, Spam, Fried Hoki, Fried Chicken & Tartar Sauce w/ Original Chili	▲	▲	▲				▲	▲	▲	▲
w/ No Bean Chili	▲	▲	▲				▲	▲	▲	▲
w/ Vegetarian Chili		▲	▲				▲	▲	▲	▲
Oxtail Soup w/ Choi Sum, Chinese Parsley & Ginger	▲					▲		▲		
CHILI WITH RICE w/ Cheddar Cheese & Diced Onions w/ Original Chili	▲		▲				▲	▲		
w/ No Bean Chili	▲		▲				▲	▲		
w/ Vegetarian Chili	▲						▲	▲		
CHILI BOWL w/ Cheddar Cheese, Diced Onions & Crackers w/ Original Chili	▲		▲				▲	▲		
w/ No Bean Chili	▲		▲				▲	▲		
w/ Vegetarian Chili	▲						▲	▲		
GRILLED SALMON w/ Lemon & w/ Tartar Sauce		▲	▲					▲	▲	
w/ Teriyaki Glaze			▲				▲	▲	▲	
w/ Garlic Butter	▲		▲					▲	▲	
Keiki Macaroni & Cheese	▲						▲			
Garlic Rib Steak w/ Steak Seasoning & Grilled Onions								▲	▲	

**SECTION 2:  
SPECIALS**

MILK

EGGS

FISH

SHELLFISH

TREE  
NUTS

PEANUTS

WHEAT

SOY

SOY  
FROM OIL

SESAME

**STARCH & SALAD OPTIONS FOR SPECIALS**

White Rice

Brown Rice

Fried Rice

Macaroni Salad

TOSSED GREENS

w/ Croutons (Dine In Only)

Corn (Dine In Only)

**MAIN COMPONENT FOR SPECIALS**

Beef Curry

Beef Stew

Chicken Curry

Chicken Cutlet w/ Poultry Gravy

Chicken Long Rice w/ Green Onions

Hamburger Curry

Hawaiian Stew

Lau Lau & Kalua Pig Combo

Meat Loaf w/ Brown Gravy

Pork Cutlet w/ Brown Gravy

Roast Pork w/ Brown Gravy

Roast Turkey w/ Poultry Gravy, Stuffing & Cranberry Sauce

Shoyu Chicken w/ Cabbage

Sweet & Sour Spareribs w/ Cabbage & Green Onions

Tripe Stew

Turkey Jook w/ Green Onions, Chinese Parsely & Choi Sum



<b>SECTION 2: SPECIALS (cont.)</b>	<b>MILK</b>	<b>EGGS</b>	<b>FISH</b>	<b>SHELLFISH</b>	<b>TREE NUTS</b>	<b>PEANUTS</b>	<b>WHEAT</b>	<b>SOY</b>	<b>SOY FROM OIL</b>	<b>SESAME</b>
Clam Chowder w/ Crackers	▲			▲			▲			
Corn Chowder w/ Crackers	▲						▲	▲		
Turkey Noodle Soup w/ Crackers	▲						▲	▲		

## **SECTION 3: BREAKFAST**

<b>STARCH OPTIONS FOR BREAKFAST PLATES</b>										
White Rice										
Brown Rice										
Fried Rice	▲			▲			▲	▲		
White Toast w/ Butter Spread & Jelly							▲	▲	▲	
Wheat Toast w/ Butter Spread & Jelly							▲	▲	▲	
Hash Browns										

<b>MAIN COMPONENT FOR BREAKFAST PLATES</b>										
Bacon & Fried Eggs/Bacon Omelette		▲						▲	▲	
Corned Beef Hash & Fried Eggs		▲						▲	▲	
Ham Omelette		▲						▲	▲	
Portuguese Sausage & Fried Eggs/Portuguese Sausage Omelette	▲	▲						▲	▲	
Spam & Fried Eggs/Spam Omelette		▲						▲	▲	
Cheese Omelette	▲	▲						▲	▲	
CHILI OMELETTE w/ Original Chili	▲	▲	▲				▲	▲	▲	
w/ No Bean Chili	▲	▲	▲				▲	▲	▲	
w/ Vegetarian Chili		▲					▲	▲	▲	

<b>SECTION 3: BREAKFAST (cont.)</b>	<b>MILK</b>	<b>EGGS</b>	<b>FISH</b>	<b>SHELLFISH</b>	<b>TREE NUTS</b>	<b>PEANUTS</b>	<b>WHEAT</b>	<b>SOY</b>	<b>SOY FROM OIL</b>	<b>SESAME</b>
Zip Omelette	▲	▲						▲	▲	
KOREAN CHICKEN & FRIED EGGS w/ Green Onions and Korean Sauce w/ Bacon		▲					▲	▲	▲	▲
w/ Corned Beef Hash		▲					▲	▲	▲	▲
w/ Portuguese Sausage	▲	▲					▲	▲	▲	▲
w/ Spam		▲					▲	▲	▲	▲
Meat Lover's Breakfast w/ Bacon, Corned Beef Hash, Portuguese Sausage, Spam, & Fried Eggs	▲	▲						▲	▲	
BREAKFAST BENTO #1 - Corned Beef Hash, Spam, Scrambled Egg & Rice		▲						▲	▲	
BREAKFAST BENTO #2 - Portuguese Sausage, Spam, Scrambled Egg & Rice	▲	▲						▲	▲	
BREAKFAST BENTO #3 - Portuguese Sausage, Corned Beef Hash, Scrambled Egg & Rice	▲	▲						▲	▲	
BREAKFAST BENTO #4 - Portuguese Sausage, Bacon, Scrambled Egg & Rice	▲	▲						▲	▲	
BREAKFAST BENTO DELUXE - Corned Beef Hash, Portuguese Sausage, Spam, Scrambled Egg & Rice	▲	▲						▲	▲	
Portuguese Sausage Omelette Sandwich w/ Cheddar Cheese & Sweet Hamburger Bun	▲	▲					▲	▲	▲	
Sweetbread French Toast w/ Powdered Sugar, Butter Spread & Maple Syrup	▲	▲					▲	▲	▲	
Short Stack Pancakes w/ Butter Spread & Maple Syrup	▲	▲					▲	▲		
Side Bacon										
Side Corned Beef Hash										

<b>SECTION 3: BREAKFAST (cont.)</b>	<b>MILK</b>	<b>EGGS</b>	<b>FISH</b>	<b>SHELLFISH</b>	<b>TREE NUTS</b>	<b>PEANUTS</b>	<b>WHEAT</b>	<b>SOY</b>	<b>SOY FROM OIL</b>	<b>SESAME</b>
Side Portuguese Sausage	▲									
Side Spam										
Side Fried Egg		▲						▲	▲	
OATMEAL w/ Milk & Brown Sugar	▲									
Add Raisins										
Grilled Cornbread w/ Butter Spread & Jelly	▲	▲					▲	▲		
Steak & Fried Eggs		▲						▲	▲	
WAFFLE w/ Butter Spread & w/ Maple Syrup	▲	▲					▲	▲		
w/ Pancake & Waffle Syrup	▲	▲					▲	▲		
Strawberry Waffle w/ Strawberry Topping & Whipped Cream	▲	▲					▲			
Papaya w/ Lemon										

## **SECTION 4: SANDWICHES**

<b>STARCH OPTIONS FOR SANDWICHES</b>										
White Bread							▲		▲	
Wheat Bread							▲		▲	
Hamburger Bun	▲						▲	▲	▲	
<b>MAIN COMPONENT FOR SANDWICHES</b>										
Hamburger w/ Thousand Island Dressing		▲					▲	▲	▲	
Teriyaki Beef Sandwich w/ Mayonnaise, Grilled Onions, Lettuce & Tomato		▲					▲	▲	▲	
Vegi-Tofu Burger w/ Mayonnaise, Lettuce, Tomato & Onions		▲						▲	▲	



<b>SECTION 4: SANDWICHES (cont.)</b>	<b>MILK</b>	<b>EGGS</b>	<b>FISH</b>	<b>SHELLFISH</b>	<b>TREE NUTS</b>	<b>PEANUTS</b>	<b>WHEAT</b>	<b>SOY</b>	<b>SOY FROM OIL</b>	<b>SESAME</b>
Grilled Cheese Sandwich w/ Butter Spread	▲							▲		
Add Bacon										
Add Cheese	▲							▲		
Add Teriyaki Glaze							▲	▲		
Deluxe - Lettuce, Tomato and Onion										
Keiki Hamburger w/ French Fries							▲	▲		
Keiki Grilled Cheese w/ Butter Spread and French Fries	▲							▲		

## **SECTION 5: SIDES**

<b>DRESSING OPTIONS FOR SALADS</b>										
1000 Island		▲							▲	
Catalina									▲	
Creamy Asian Sesame	▲	▲					▲	▲		▲
Fat Free Roasted Bell Pepper										
Ginger Sesame							▲	▲		▲
Herb La Maison No MSG (oil & vinegar)										
Ranch	▲	▲							▲	
Lemon										

# SECTION 5:

## SIDES

(cont.)

MILK

EGGS

FISH

SHELLFISH

TREE  
NUTS

PEANUTS

WHEAT

SOY

SOY  
FROM OIL

SESAME

### CONDIMENT OPTION FOR SOUPS

Crackers



### MAIN COMPONENT FOR SIDES

CHILI AND CHEESE FRIES w/  
Original Chili



w/ No Bean Chili



w/ Vegetarian Chili



Saimin w/ Char Siu, Uzumaki &  
Green Onions



Wun Tun Min w/ Char Siu,  
Uzumaki, Green Onions, Shoyu  
Hot Mustard



Korean Chicken Salad w/  
Cucumber, Tomato, Green Onions  
& Korean Sauce



Side Tossed Salad w/ Cucumber  
& Tomato

Side Piece Fried Chicken



Side French Fries

Side Macaroni Salad



Spam Musubi



Portuguese Bean Soup



Clam Chowder



Corn Chowder



Turkey Noodle Soup



Saimin w/ Char Siu, Saimin Egg,  
Choi Sum, Uzumaki & Green  
Onions (Dine In Only)



**SECTION 5:**  
**SIDES**  
(cont.)

	MILK	EGGS	FISH	SHELLFISH	TREE NUTS	PEANUTS	WHEAT	SOY	SOY FROM OIL	SESAME
Wun Tun Min w/ Char Siu, Saimin Egg, Choi Sum, Uzumaki, Green Onions & Shoyu Hot Mustard (Dine In Only)		▲	▲				▲	▲	▲	▲
Zip Min w/ Pork Wun Tun, Fried Shrimp, Char Siu, Uzumaki, Saimin Egg, Nori, Choi Sum, Green Onions, & Shoyu Hot Mustard (Dine In Only)		▲	▲	▲			▲	▲	▲	▲
Slice of Teriyaki Beef w/ Teriyaki Glaze							▲	▲		
Onion Rings	▲						▲		▲	
<b>CONDIMENT OPTIONS FOR DESSERTS</b>										
Add Whipped Cream	▲									
Add Chocolate Topping										
Add Strawberry Topping										
<b>MAIN COMPONENT FOR DESSERTS</b>										
Chocolate Ice Cream	▲									
Vanilla Ice Cream	▲									
Strawberry Gelatin w/ Whipped Cream	▲									
Chocolate Pudding w/ Whipped Cream	▲									
Bread Pudding Ala Mode w/ Caramel Sauce & Cinnamon	▲	▲					▲	▲		

**SECTION 6:**  
**BEVERAGES**

**CONDIMENT OPTIONS FOR BEVERAGES**

Lemon										
Lime										
White Granulated Sugar										
Half & Half Creamer	▲									

**SECTION 6:**  
**BEVERAGES**  
*(cont.)*

MILK

EGGS

FISH

SHELLFISH

TREE  
 NUTS

PEANUTS

WHEAT

SOY

SOY  
 FROM OIL

SESAME

**MAIN COMPONENT FOR BEVERAGES**

Pepsi  
 Diet Pepsi  
 Fruit Punch  
 Mug Root Beer  
 Sierra Mist  
 Raspberry Iced Tea  
 Mountain Dew  
 Pink Lemonade  
 Lilikoi  
 Orange Bang  
 Coffee/Decaf Coffee  
 Hot Black Tea  
 Hot Green Tea  
 Iced Tea Traditional  
 Orange Juice  
 Milk (Bottle/Carton)

