## ZIPPY'S

# Christmas Luau Holiday Meals

### REHEATING INSTRUCTIONS

For food safety, heat kalua pig, lau lau, luau stew and chicken long rice so that all parts of the food reach and maintain a temperature of 165° F. for 15 seconds before serving

#### **HEAT-IN-BAG METHOD:**

Use for whole sealed (unopened) bags of Kalua Pig, Lau Lau, Luau stew and Chicken Long Rice:

- Select a suitable-sized pot based on the amount of bags that will be heated at the same time, and fill about half way with water. Bring to a boil.
- 2. Place unopened bags of refrigerated item(s) into the pot of boiling water, and cover the pot.
- 3. Adjust the heat to maintain a gentle boil, and heat the bagged item(s) to minimum 165° F. The following is a guide, from the time water returns to a gentle boil. Regularly move and check bag(s) to keep from sticking to the bottom of the pot (putting a rack under the bags is recommended):

From a refrigerated state:

Chicken Long Rice, Lau Lau - About 30 minutes

Kalua Pig, Luau stew - About 45 minutes

4. Carefully remove and open bag(s), and transfer contents to serving dishes.

#### **STOVETOP METHOD:**

Use to heat whole or partial bags of Luau Stew, Chicken Long Rice and Kalua Pig:

- 1. Open each bag, and place desired amounts into separate suitable-sized pots. For Kalua Pig a small amount of water may be added to aid in heating.
- 2. Heat over medium heat, stirring often, and bring to a simmer.
- If heating only a portion of the bag, transfer remaining product to an airtight container, keep refrigerated, and use within two days of opening the bag.

#### **MICROWAVE METHOD:**

Open bags of refrigerated items into airtight containers. Place desired amounts of kalua pig, lau lau, luau stew or chicken long rice in a microwave safe dish, and heat to serving temperature (minimum 165° F.). Keep remaining food refrigerated, and use it within two days.

#### FREEZING FOR LATER:

Open bags, and divide out what you plan to heat and serve. Pack the remainder, for future meals, into suitable-sized airtight containers or freezer bags, and freeze. Lau Lau, Kalua Pig and Luau Stew freezes well. Whole bags may also be frozen unopened. Defrost frozen items under refrigeration, and follow reheating tips above for refrigerated.

Revised 2020