

ZIPPY'S Daily Specials Menu - JULY

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
1	2	3	4	5	6	7
Beef Stew* Curry Loco Moco* ** Meat Loaf* Teriyaki Pork* Grilled Mahi* ** Clam Chowder	Roast Pork* Chicken Long Rice* Shrimp Katsu Curry* Pork Cutlet* Tripe Stew* Corn Chowder	Roast Turkey* Beef Curry* Shoyu Chicken* Hawaiian Stew* Fried Ahi Belly* Hot Turkey Sandwich (Rest. Only) Turkey Noodle Soup	Sweet Sour Spareribs* Beef Stew* Hamburger Curry* Kalua Pig Cabbage* Kim Chee Fried Rice** Clam Chowder	Laulau Combo Chicken Curry* Roast Pork* Pastele Stew* Mochiko Chicken* Corn Chowder	Sweet Sour Spareribs* Chicken Katsu Curry* Teriyaki Chicken* Hawaiian Stew* Turkey Ala King* Beef & Broccoli Chowder	Roast Turkey* Beef Curry* Lau Stew* Pork Adobo* Turkey Jook Hot Turkey Sandwich (Rest. Only) Potato & Bacon Chowder
8	9	10	11	12	13	14
Beef Stew* Curry Loco Moco* ** Meat Loaf* Teriyaki Pork* Grilled Mahi* ** Clam Chowder	Roast Pork* Chicken Long Rice* Shrimp Katsu Curry* Pork Cutlet* Tripe Stew* Corn Chowder	Roast Turkey* Beef Curry* Shoyu Chicken* Hawaiian Stew* Fried Ahi Belly* Hot Turkey Sandwich (Rest. Only) Turkey Noodle Soup	Sweet Sour Spareribs* Beef Stew* Hamburger Curry* Kalua Pig Cabbage* Kim Chee Fried Rice** Clam Chowder	Laulau Combo Chicken Curry* Roast Pork* Pastele Stew* Mochiko Chicken* Corn Chowder	Sweet Sour Spareribs* Chicken Katsu Curry* Teriyaki Chicken* Hawaiian Stew* Turkey Ala King* Beef & Broccoli Chowder	Roast Turkey* Beef Curry* Lau Stew* Pork Adobo* Turkey Jook Hot Turkey Sandwich (Rest. Only) Potato & Bacon Chowder
15	16	17	18	19	20	21
Beef Stew* Curry Loco Moco* ** Meat Loaf* Teriyaki Pork* Grilled Mahi* ** Clam Chowder	Roast Pork* Chicken Long Rice* Shrimp Katsu Curry* Pork Cutlet* Tripe Stew* Corn Chowder	Roast Turkey* Beef Curry* Shoyu Chicken* Hawaiian Stew* Fried Ahi Belly* Hot Turkey Sandwich (Rest. Only) Turkey Noodle Soup	Sweet Sour Spareribs* Beef Stew* Hamburger Curry* Kalua Pig Cabbage* Kim Chee Fried Rice** Clam Chowder	Laulau Combo Chicken Curry* Roast Pork* Pastele Stew* Mochiko Chicken* Corn Chowder	Sweet Sour Spareribs* Chicken Katsu Curry* Teriyaki Chicken* Hawaiian Stew* Turkey Ala King* Beef & Broccoli Chowder	Roast Turkey* Beef Curry* Lau Stew* Pork Adobo* Turkey Jook Hot Turkey Sandwich (Rest. Only) Potato & Bacon Chowder
22	23	24	25	26	27	28
Beef Stew* Curry Loco Moco* ** Meat Loaf* Teriyaki Pork* Grilled Mahi* ** Clam Chowder	Roast Pork* Chicken Long Rice* Shrimp Katsu Curry* Pork Cutlet* Tripe Stew* Corn Chowder	Roast Turkey* Beef Curry* Shoyu Chicken* Hawaiian Stew* Fried Ahi Belly* Hot Turkey Sandwich (Rest. Only) Turkey Noodle Soup	Sweet Sour Spareribs* Beef Stew* Hamburger Curry* Kalua Pig Cabbage* Kim Chee Fried Rice** Clam Chowder	Laulau Combo Chicken Curry* Roast Pork* Pastele Stew* Mochiko Chicken* Corn Chowder	Sweet Sour Spareribs* Chicken Katsu Curry* Teriyaki Chicken* Hawaiian Stew* Turkey Ala King* Beef & Broccoli Chowder	Roast Turkey* Beef Curry* Lau Stew* Pork Adobo* Turkey Jook Hot Turkey Sandwich (Rest. Only) Potato & Bacon Chowder
29	30	31				
Beef Stew* Curry Loco Moco* ** Meat Loaf* Teriyaki Pork* Grilled Mahi* ** Clam Chowder	Roast Pork* Chicken Long Rice* Shrimp Katsu Curry* Pork Cutlet* Tripe Stew* Corn Chowder	Roast Turkey* Beef Curry* Shoyu Chicken* Hawaiian Stew* Fried Ahi Belly* Hot Turkey Sandwich (Rest. Only) Turkey Noodle Soup				

Specials are served from 10:30am - 9:30pm. (Fast Food & Restaurant)

Beef Curry*	10.40	850-1450 cal
Beef Stew*	10.40	480-1070 cal
Chicken Curry*	10.40	370-970 cal
Chicken Katsu Curry*	10.40	1040-1630 cal
Chicken Long Rice*	9.40	290-890 cal
Curry Loco Moco* **	11.20	1180-1480 cal
Fried Ahi Belly	12.25	550-1140 cal
Grilled Mahi* **	14.95	650-1240 cal
Hamburger Curry*	10.00	400-990 cal
Hawaiian Stew*	10.40	340-940 cal
Kalua Pig Cabbage*	9.20	430-1020 cal
Kim Chee Fried Rice**	9.75	1060 cal
Laulau Combo	10.95	340-1320 cal
Lau Stew*	10.40	640-1230 cal
Meat Loaf*	9.80	420-1010 cal
Mochiko Chicken	10.55	870-1460 cal
Pastele Stew*	10.20	600-1190 cal
Pork Adobo*	11.10	1060-1650 cal
Pork Cutlet*	10.80	710-1300 cal
Roast Pork*	12.35	580-1180 cal
Roast Turkey*	11.90	790-1380 cal
Shoyu Chicken*	11.35	840-1440 cal
Shrimp Katsu Curry*	11.95	740-1330 cal
Sweet Sour Spareribs*	11.20	510-1100 cal
Teriyaki Chicken*	9.90	330-920 cal
Teriyaki Pork*	10.95	310-900 cal
Tripe Stew*	10.40	400-900 cal
Turkey Ala King*	10.40	1010-1230 cal
Turkey Jook	9.85	820 cal
Hot Turkey Sandwich (Restaurant Only)	8.15	770-790 cal

Available Daily

Soup of the Day or Portuguese Bean Soup		
Large	4.45	210-760 cal
Regular	3.60	180-590 cal

Also Available Fridays Only

Kalua Pig Plate*	11.20	630-1220 cal
Lau Lau Plate*	12.55	390-990 cal

Note: Kalua Pig on the Lau Lau Combo can be substituted with select specials on Fridays. Ask store for details.

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* Also available in small portions.

Dillingham	832-1750
Ewa	687-3500
Hilo	(808) 313-8300
Kahala	733-3730
Kahului	(808) 856-7599
Kailua	266-3780
Kaimuki	733-3722
Kalihi	832-1755
Kaneohe	233-2700
Kapahulu	733-3725
Kapolei	674-1773
Koko Marina	396-6977
Makiki	594-3720
McCully	973-0877
Mililani	623-1110
Nimitz	532-4205
Pearl City	453-3715
Pearlridge	483-2510
Vineyard	532-4211
Wahiawa	622-4166
Waiau	483-3775
Waipahu	671-4065
Waipio	671-1865

2,000 calories a day is used for general nutrition advice, but calorie needs may vary. Additional nutritional information available upon request.

**Consuming raw or under-cooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness especially in consumers with certain medical conditions.

ZIPPY'S Take-Out Menu

All seafood plates come automatically with lemon and tartar sauce. Additional 1.00 for extra scoop macaroni salad (250 cal). Additional .60 for extra scoop rice (150-170 cal). 2,000 calories a day is used for general nutrition advice, but calorie needs may vary. Additional nutritional information available upon request.

Plate Lunches

Chicken Katsu	9.70	700-1290 cal
Mini Chicken Katsu	7.20	380-800 cal
Chili & Chicken Mixed Plate	10.35	890-1640 cal
Mini Chili & Chicken	7.65	450-950 cal
Chili Frank	9.55	470-1310 cal
Mini Chili Frank	7.05	280-860 cal
Chili Moco**	10.95	950-1410 cal
Mini Chili Moco**	8.10	500-850 cal
Fried Chicken	10.85	1070-1670 cal
Mini Chicken	8.25	720-1140 cal
Hamburger Steak w/ Onions	10.15	500-1100 cal
Mini Hamburger Steak	7.50	280-700 cal
Korean Style Fried Chicken Plate	10.95	880-1470 cal
Mini Korean Chicken	8.10	440-860 cal
Teri Beef Plate	10.65	450-1040 cal
Mini Teri Beef	7.90	300-720 cal
Loco Moco**	10.95	880-1180 cal
Mini Loco Moco**	8.10	470-740 cal

Local Favorites

Fried Noodles	8.75	810 cal
Mini Fried Noodles	6.50	410 cal
Oxtail Soup	19.65	1040-1080 cal
Spaghetti with Garlic Bread	9.05	830-1160 cal
Mini Spaghetti	6.70	490-710 cal
Surf Pac®	12.20	1540-1610 cal
Zip Pac®	10.95	1270-1340 cal
Mini Zip Pac®	8.10	660-680 cal

Zippy's Famous Original Recipe Chili

Chili & Burrito	6.60	590-830 cal
Chili & Burrito Plate	7.65	590-1430 cal
Chili & Cheese Fries	3.95	690-850 cal
Chili Bowl (chili only), Large	6.55	340-610 cal
(chili only), Regular	5.25	250-440 cal
Chili with Rice, Large	5.70	360-540 cal
Regular	5.00	270-450 cal

Saimin

Saimin, Large	4.55	510 cal
Regular	3.65	350 cal
Wun Tun Min	7.80	470 cal

Sandwiches

Clubhouse Sandwich	11.95	770 cal
Grilled Cheese Sandwich	4.35	460 cal
Teriyaki Beef Bun	7.40	600 cal
Vegi Tofu Burger	5.55	400 cal

Burgers (sauce only)

Cheeseburger	4.90	520 cal
Hamburger	4.65	450 cal
Teriyaki Cheeseburger	5.00	480 cal
Teriyaki Hamburger	4.75	410 cal
Make it a Deluxe	+ .75	10 cal
w/ Lettuce, Tomato and Onions		

Prime Burgers

Mushroom Prime Burger	7.00	580 cal
Prime Burger	5.40	460 cal
Prime Cheeseburger	5.65	530 cal
Teriyaki Prime Burger	5.50	460 cal
Teriyaki Prime Cheeseburger	5.75	530 cal

Combo any Burger or Sandwich	+1.70	5-470 cal
w/ choice of French Fries, Mac Salad or Tossed Greens		
Zip Deal any Burger or Sandwich	+3.15	470-710 cal
w/ French Fries & Medium Drink		
Super Zip Deal any Burger or Sandwich	+3.55	470-820 cal
w/ French Fries & Large Drink.		

Salads

Tossed salad recipe include locally grown Kunia aquaponic greens.		
Korean Chicken Salad	10.60	470-910 cal
Tossed Greens	3.50	15-230 cal

Side Orders

French Fries	2.40	470 cal
Macaroni Salad, 2 scoops	2.40	500 cal
Spam Musubi	2.20	280 cal
Piece Chicken	3.10	360 cal

Desserts

Apple Pie Slice	2.20	310 cal
Ice Cream (1 scoop)	2.70	180 cal

Beverages

Lilikoi, Large 32 oz.	2.55	240 cal
Medium 22 oz.	2.25	170 cal
Small 16 oz.	2.00	140 cal
Orange Bang, Large 32 oz.	4.25	420 cal
Medium 22 oz.	3.15	290 cal
Small 16 oz.	2.55	230 cal
Shake	5.65	640 cal
Shake	5.65	550-630 cal
Extra Thick	7.65	550-630 cal
Soda Float	4.05	180-340 cal

Soft Drink

Pepsi, Diet Pepsi, Sierra Mist, Mountain Dew, Fruit Punch, Raspberry Iced Tea, Root Beer or Pink Lemonade		
Large 32 oz.	2.55	0-280 cal
Medium 22 oz.	2.15	0-200 cal
Small 16 oz.	1.95	0-160 cal
Coffee, Large	2.10	0 cal
Hot Tea	1.55	0 cal
Hot Cocoa	1.90	190 cal
Milk	2.25	100 cal
Orange Juice	2.15	150 cal

Pupu Platters (Please order 1 hour in advance.)

Local Favorites	33.95	3290 cal	No. of Servings
Teriyaki Beef, Hoki, Chicken Katsu, Hot Dog, Portuguese Sausage			
Chicken Katsu	31.95	360 cal per serving	10 servings
Korean Fried Chicken	36.95	420 cal per serving	10 servings
Fried Noodles	28.95	410 cal per serving	8 servings
Spam Musubi Platter	22.75	280 cal per serving	12 servings

Zippy's Fried Chicken

Bucket Chicken (9 pcs)	22.50	360 cal per serving	9 servings
Zip Meal Deal®	30.95		
w/ 1 Zip Meal® Rice & 1 Zip Meal® Macaroni Salad		150-170 cal per serving	7 servings
Barrel Chicken (15 pcs)	34.75	250 cal per serving	8 servings
Zip Meal Deal®	44.75	360 cal per serving	15 servings
w/ 2 Zip Meal® Rice & 1 Zip Meal® Macaroni Salad		150-170 cal per serving	14 servings
Barrel Chicken (21 pcs)	44.75	250 cal per serving	8 servings
Zip Meal Deal®	55.70	360 cal per serving	21 servings
w/ 1 Barrel Rice & 1 Zip Meal® Macaroni Salad		150-170 cal per serving	21 servings
		250 cal per serving	8 servings

Barrels

Barrel Chili (7 lbs)	36.75	160-300 cal per serving	16 servings
Zip Meal Deal®	47.70		
w/ 1 Barrel Rice & 1 Zip Meal® Macaroni Salad		150-170 cal per serving	21 servings
Barrel Macaroni Salad (6 lbs)	26.15	250 cal per serving	8 servings
Barrel Meat Sauce (7 lbs)	36.75	120 cal per serving	24 servings
Barrel Rice (6 lbs)	11.60	120 cal per serving	15 servings
		150-170 cal per serving	21 servings

Zip Meals®

Zip Meal® Chili	11.65	160-300 cal per serving	4 servings
Zip Meal® Gravy	4.85	110 cal per serving	4 servings
Zip Meal® Spaghetti (Noodles)	4.45	180 cal per serving	8 servings
Zip Meal® Meat Sauce	11.65	120 cal per serving	4 servings
Zip Meal® Rice	4.80	150-170 cal per serving	7 servings
Zip Meal® Macaroni Salad	9.15	250 cal per serving	8 servings
Zip Meal® Soup	11.05	60-290 cal per serving	4 servings

Breakfast (Served from 11:00pm - 10:30am Daily)

Meat 'N Eggs**	7.95	530-900 cal
Eggs your way with your choice of Portuguese sausage, Spam®, bacon, ham, corned beef hash or link sausage. Served with choice of rice, toast, or hash browns.		
Fried rice in place of rice	+ .68	450 cal
Meat 'N Eggs, small portion**	5.90	260-470 cal
Breakfast Bento** -- Sorry, no substitutions.		
#1- Corned Beef Hash, Spam®, Scrambled Egg & Rice	5.40	480 cal
#2- Portuguese Sausage, Spam®, Scrambled Egg & Rice	5.40	530 cal
#3- Portuguese Sausage, Corned Beef Hash, Scrambled Egg & Rice	5.40	590 cal
#4- Portuguese Sausage, Bacon, Scrambled Egg & Rice	5.40	550 cal
Deluxe Breakfast Bento**	8.15	930 cal
Corned Beef Hash, Portuguese Sausage, Spam®, Scrambled Egg & Rice. Sorry, no substitutions.		

Omelette**	7.95	530-940 cal
Choose from bacon, ham, Spam®, cheese, or Portuguese sausage. Served with choice of rice, toast, or hash browns.		
add Mushrooms	+2.00	380 cal
add Cheese	+ .64	110 cal
Mushroom Omelette**	8.45	760-890 cal
Vegetable Omelette**	8.85	890-1020 cal
Zippy's Omelette**	8.95	690-820 cal
Zippy's Original Chili Omelette**	7.50	480-680 cal
Breakfast Meat	4.55	140-390 cal
Your choice of Portuguese sausage, Spam®, bacon, ham, corned beef hash or link sausage.		
Ham, Portuguese Sausage or Spam®		
Omelette Sandwich**	2.95	340-440 cal
French Toast**	4.85	520 cal
Short Stack	4.45	570 cal
Hash Browns	1.90	230 cal
Toast	2.25	340-360 cal
Grilled Cornbread	1.90	410 cal
Oatmeal	2.45	250 cal
add Raisins	+ .62	70 cal

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